Let's love to learn and thrive together

Responsibility *Respect* *Care* *Resilience*

Physical Education

Intent

Physical Education at our school is driven by a desire to inspire a **lifelong love of physical activity**, ensuring that all pupils develop the motivation, confidence and knowledge to lead healthy, active lives. Underpinned by the National Curriculum, our PE curriculum enables children to become physically competent, engage in a wide range of activities and sports and experience sustained physical activity in an inclusive and supportive environment. Through a progressive approach, pupils build fundamental movement skills, participate in both competitive and cooperative activities, and develop the confidence to challenge themselves and achieve their personal best.

Our PE curriculum is rooted in our school values of **respect, responsibility, resilience and care**. Pupils learn to work collaboratively, developing strong teamwork, communication and how to compete with integrity, while taking responsibility for their own progress and showing resilience in the face of challenge. We aim to nurture confident learners who support and encourage one another, building self-belief and a positive attitude towards physical activity that will stay with them throughout their lives.

Implementation

Through our PE curriculum, children become physically educated through high-quality, engaging and enjoyable lessons that promote a lifelong love of physical activity. Children develop their physical competence, skills, strength and stamina through regular practice and participation in a broad range of sports and activities. They engage in both competitive and cooperative experiences, learning to work effectively as individuals and as part of a team while developing confidence, communication and sportsmanship.
Our lessons provide opportunities for children to embody our school values of respect, responsibility, resilience and care. Pupils are encouraged to challenge themselves, persevere through difficulties, support and encourage others, and take responsibility for their own learning and progress. Through this inclusive approach, children develop the knowledge, skills and positive attitudes needed to lead healthy, active lives now and in the future.

Impact

Children will become confident and competent in a broad range of physical activities. They will know how to cooperate and collaborate with their peers, showing respect for others and understanding fair play. They will be able to apply tactics and strategies, and have the confidence to use their imagination and share their creative ideas. Children will enjoy being physically active and understand the importance of a healthy and active lifestyle to their physical and mental wellbeing.